Section Two LPN/LVN

FOUNDATIONS OF NURSING
MENTAL HEALTH
NCLEX-PN® REVIEW
PHARMACOLOGY
DOSAGE CALCULATIONS
TRANSITION
COMPLEMENTARY & ALTERNATIVE MEDICINE
Foundations of Nursing, 2E gives you all the information you need to successfully complete your nursing curriculum. This single volume includes comprehensive, fundamental content in basic nursing, adult health nursing, and maternal and pediatric nursing. Introductory content covers such topics as the health care system, communication, nursing processes, and client teaching. Current topics such as HIPAA, West Nile Virus, SARS, and bioterrorism are also discussed.

FEATURES

- All procedures follow the nursing process format.
- Procedures begin with an overview linking the procedure to text content, then list all equipment needed, then walk step-by-step through the nursing process to outline all details of the procedure, including photographs and line drawings as appropriate.
- Procedures include video/DVD-multimedia links.
- Nursing Care Plans now include NIC/NOC references, to reflect current practice.
- Nursing Management sections are now included in all Nursing Process sections (parallel to the current Med-Surgical Management head); this emphasizes the nurse’s responsibilities in delivering safe, effective, and competent care.
- Pharmacology content is highlighted with an icon and a description of the nurse’s role.
- Special boxes emphasize specific information: Life Cycle Considerations, Client Teaching, Infection Control, Safety, Community/Home Health Care, Cultural Considerations, Professional Tip, and Critical Thinking Questions
- Full Color: Adds realism to the superb illustrations and photos
- Collaborative Care boxes reinforce the importance of the nurse as a member of the multidisciplinary health care team.

CONTENTS

BASIC NURSING: Student Nurse Skills for Success; Holistic Care; Nursing History, Education, and Organizations; Legal and Ethical Responsibilities; The Health Care Delivery System; Arenas of Care; Communication; Nursing Process/Documentation; Client Teaching; Life Cycle; Cultural Considerations; Stress, Adaptation, and Anxiety; Loss, Grief, and Death; Wellness Concepts; Complementary/Alternative Therapies; Basic Nutrition; Rest and Sleep; Safety/Hygiene; Infection Control/ Asepsis; Standard Precautions and Isolation; Fluid, Electrolyte, and Acid-Base Balance; Medication Administration and IV Therapy; Assessment; Pain Management; Diagnostic Tests; Basic Procedures; Intermediate Procedures; Advanced Procedures. ADULT HEALTH NURSING: Anesthesia; Surgery; Oncology; Respiratory System; Cardiovascular System; Musculoskeletal System; Neurological System; Sensory System; Endocrine System; Reproductive System; Sexually Transmitted Diseases; Integumentary System; Immune System; Mental Illness; Substance Abuse; Responding to Emergencies; The Older Adult; Integration. MATERNAL-PEDIATRIC NURSING: Prenatal Care; Complications of Pregnancy; The Birth Process; Postpartum Care; Newborn Care; Basics of Pediatric Care; Infants with Special Needs: Birth to 12 Months; Common Problems: 1 - 18 Years.

Also Available as Separate Volumes!

See Page 90 for details!
A Case Study included in each chapter uses critical thinking questions to assist the user through the nursing process.

Critical Thinking Questions are included throughout the book to encourage the user to apply the chapter’s content.

Nursing Care Plans now include NIC/NOC references to reflect current practice.

At the end of each chapter, readers will find a Summary and Review Questions.
Your total LPN/LVN solution provided in one comprehensive text...

**SOLUTION 1**

Solution 1 offers fundamental content in Basic Nursing, Adult Health Nursing, and Maternal and Pediatric Nursing in a comprehensive single volume.

**SOLUTION 2**

Solution 2 offers the same three categories as solution 1 split by content area: Basic Nursing, Adult Health Nursing, and Maternal and Pediatric Nursing. See page 91 for complete descriptions.
All Procedures follow the detailed nursing process format. Procedures begin with an overview linking them to text content, list all equipment needed, then walk step-by-step through the nursing process to outline all details of the procedure, including photographs and line drawings as appropriate.

Nursing Process and Documentation chapters have been combined into one chapter to show how they are interrelated. HIPAA is included as well as West Nile Virus, SARS, and bio-terrorism.

Nursing Care Plans now include NIC/NOC references to reflect current practice.

FEATURES

- All Procedures follow the detailed nursing process format. Procedures begin with an overview linking them to text content, list all equipment needed, then walk step-by-step through the nursing process to outline all details of the procedure, including photographs and line drawings as appropriate.
- Features include video/DVD-multimedia links.
- Nursing Care Plans now include NIC/NOC references, to reflect current practice.

CONTENTS

Student Nurse Skills for Success; Holistic Care; Nursing History, Education, and Organizations; Legal and Ethical Responsibilities; The Health Care Delivery System; Arenas of Care; Communication; Nursing Process/Documentation; Client Teaching; Life Cycle; Cultural Considerations; Stress, Adaptation, and Anxiety; Loss, Grief, and Death; Wellness Concepts; Complementary/Alternative Therapies; Basic Nutrition; Rest and Sleep; Safety/Hygiene; Infection Control/Asepsis; Standard Precautions and Isolation; Fluid, Electrolyte, and Acid-Base Balance; Medication Administration and IV Therapy; Assessment; Pain Management; Diagnostic Tests; Basic Procedures; Intermediate Procedures; Advanced Procedures.

864 pp, 81/2 x 11″ 4-color, Softcover, 2005

SUPPLEMENTS*

- Skills Checklist
- Study Guide

*See Supplements Index beginning on page 140 for details.
learn all the essentials about nutrition and good health in this updated text! In our health-conscious society, the link between good nutrition and good health is seen everywhere, from magazine and newspaper headlines to television shows and web sites. This presents a challenge to nurses when working to help clients improve their nutrition and overall health. Nutrition & Diet Therapy, 9E, is your ideal choice for an introduction to nutrition concepts and client care.

FEATURES

- New case studies are included in most chapters
- New “Rate This Plate” feature allows students to critique meals chosen for the patients profiled in case studies
- New Supersize USA boxed feature on overweight and obesity in the US.
- New Spotlight on Life Cycle box highlights lifespan considerations, such as the number of calories needed by special populations, like teenage boys and lactating women
- Text is revised to reflect the new MyPyramid guidelines.
- WebTUTOR™ courses offer chapter overviews, notes, web links, and more!

You can view your last scores for each quiz and print out your results to hand in to your instructor.

Answers to Review Questions from the textbook and suggested responses to the Case in Point and Rate the Plate features are also included.

Additional information on nutrition and special diets is provided to enhance the textbook coverage. Two dozen questions are included for self-study.
Numerous practice activities

noses Definitions and Classifications 2004

of the Nursing Process. Appendix A: Nursing Diag-

Process. Chapter 4: Planning: Step 3 of the Nurs-

Chapter 3: Diagnosis: Step 2 of the Nursing

Chapter 1: Nursing Process: An Overview. Chap-

FEATURES

■ Opening sections review appropriate

■ Includes over 1,000 biographies

■ Contents

Chapter 1: Nursing Process: An Overview. Chap-

Chapter 2: Assessment: Step 1 of the Nursing

Chapter 4: Planning: Step 3 of the Nurs-

Chapter 5: Implementation: Step 4 of the Nurs-


INSTRUCTOR SUPPLEMENT*
Electronic Classroom Manager
*See Supplements Index beginning on page 140 for details.

Nursing Process: Concepts & Applications, 2E
Wanda Seaback
Nursing Process: Concepts & Applications, Second Edition presents necessary information for learners to master and apply concepts of the nursing process. Each chapter builds upon the next and interactive activities conducive to individual or group participation, are provided to reinforce material learned. This exciting second edition maintains a clear, uncluttered approach emphasizing application.

NEW TO EDITION
■ Practice activities to evaluate learning.
■ Case studies in each chapter.
■ Care plan walk-throughs and sample care plans for reference.
■ Opening sections review appropriate theory and introduce necessary terminology.

FEATURES
■ The nursing process is presented in a straight-forward manner.
■ Numerous practice activities throughout each chapter.
■ Concepts are presented in terminology learners understand and apply the nursing process.

CONTENTS


INSTRUCTOR SUPPLEMENT*
Electronic Classroom Manager
*See Supplements Index beginning on page 140 for details.

Merriam-Webster’s Medical Desk Dictionary Revised Edition
Merriam-Webster
Merriam-Webster’s Medical Desk Dictionary, 2005 is an invaluable resource for health-care professionals with over 59,000 entries covering today’s most widely used health-care terms, abbreviations, medication names and biographies of medical pioneers. Unlike unwieldy medical encyclopedias, Merriam-Webster’s Medical Desk Dictionary, 2005 is compact, portable, and affordable, making it perfect for everyone from allied health students to medical professionals to consumers without a medical background who want a desktop reference without investing a lot of money.

NEW TO EDITION
■ Over 350 new words and senses have been added.
■ Includes a listing of the 100 most prescribed drugs including their trade and generic names.

FEATURES
■ Concise and easy-to-read entries, which include thousands of examples of words used in context and hundreds of actual quotations from respected medical writers and publications.
■ Entries carefully researched and cross-referenced with Merriam-Webster’s Collegiate Dictionary to ensure they include the most widely used health care terms.
■ Includes over 1,000 biographies of medical figures of historical importance.
■ Includes mini-medical writing style guide.


INSTRUCTOR SUPPLEMENT*
Instructor’s Manual
*See Supplements Index beginning on page 140 for details.

Basic Infection Control for Healthcare Providers, 2E
Michael Kennamer, MPA, NREMT-P
Basic Infection Control for Healthcare Providers, 2E, is a clear and concise guide to preventing occupational exposure hazards and communicable and infectious diseases. This book includes coverage on how to safely protect oneself from infectious agents and what do in case of infectious exposure. Discussions of the disease process and legal issues surrounding exposure and infectious diseases provide context for the material. The blend of fundamental infection control content and reference resources makes this tool perfect for use in an instructional setting or as a reference for practicing health care providers.

FEATURES
■ Alerts call attention to important information health professionals should be aware of.
■ Case Study and Questions for Discussion features are designed to encourage critical thinking.
■ Answers to the Questions for Discussions are found at the back of the book, conveniently allowing you to assess comprehension of the concepts.
■ Infectious Disease Reference, now found in an easily identifiable Appendix, includes data on over 45 diseases.
■ Newsmaker relates book content to real-life events by depicting notable occurrences when infectious diseases have made the news.
■ Under the Microscope offers you information and suggestions for delving deeper into the topics presented.

CONTENTS


INSTRUCTOR SUPPLEMENT*
Instructor’s Manual
*See Supplements Index beginning on page 140 for details.

Manual of Laboratory and Diagnostic Tests & Guide to Laboratory and Diagnostic Tests
Rick Daniels, RN, Ph.D.
Delmar’s Guide to Laboratory and Diagnostic Tests and Delmar’s Manual of Laboratory and Diagnostic Tests contain pertinent information on over 600 lab and diagnostic tests used in the health care field today. These innovative resources go beyond providing only the “usual” information with additional facts about the latest nursing considerations specific to each test, home health and rural nursing implications and nursing care throughout the patient’s life span.

FEATURES OF MANUAL & GUIDE
■ Synonyms indexed for ease of reference.
■ Phonetic Pronunciations provided as a guide.
■ Chapter on International Considerations provides readers with information on any special international considerations that may apply to a particular test or group of tests.
■ Chapter on Standard Precautions reviews the generally accepted standards for reducing the risk of infection and/or contamination.
■ Chapter on Case Studies develops clinical judgement by providing opportunities for readers to assess situations and think through the issue to a solution.

Manual

Guide

INSTRUCTOR SUPPLEMENTS*
*See Supplements Index beginning on page 140 for details.

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Grammar and Writing Skills for the Health Care Professional, 2E
Lorraine Villemare, SSJ, MAT, BA
Doreen Villemare, M.Ed., BS, RN, CMA

Applies the fundamentals of the writing process and English grammar to the sentence and paragraph structures used in medical reporting, charting and documentation.

FEATURES
- Provides comprehensive integration of writing, grammar and medical language into medical documentation and communication making it the only book of its kind. Educators need to use three textbooks to cover English, medical terminology, medical reports and documentation.
- Contains practical application of skills as they relate to tasks performed in a medical setting.
- Keeps pace with rapid advances in health care services.
- Reflects a writing style unique to the medical profession.
- Uses a gradual development from grammar to sentences and sentences to paragraphs.

CONTENTS

Critical Thinking In Practical/Vocational Nursing
Lois White, RN, Ph.D.

Critical Thinking in Practical/Vocational Nursing is a concise, inexpensive volume that can be easily integrated into any practical/vocational program! The volume is especially valuable for those needing a review of study skills and a model for critical thinking.

Each chapter is accompanied by a self-contained study guide. This allows learners to review concepts introduced and learned. The answers may be found at the back of the book.

Opportunities for self-appraisal allow users to appraise their own learning styles, and develop strategies to enhance them.

CONTENTS

Instructor Supplement*
Instructor’s Manual

*See Supplements Index beginning on page 140 for details.

Transcultural Communication In Nursing, 2E
Cora Munoz, Ph.D., RN
Joan Luckmann

Transcultural Communication In Nursing focuses on providing general principles of transcultural communication as well as practical examples. Practical breakdown of sections make this book a quick and easy read. Part One: Core Principles (how does one conduct a critical assessment, what does one look for/ask, avoid judgements), Part Two: Cultural Assessment resources and tools (interview guidelines), Part Three: Practical Resources including a Spanish-English list for communications.

FEATURES
- Features a culturally sensitive approach linking cultural background and different cultural responses.
- Includes Self-Assessment Exercises, Self-Evaluation Questions, and Learning Objectives, and techniques to develop skills.
- A new chapter entitled: “Enhancing Transcultural Communication Through Culturally Competent and Linguistically Appropriate Services”.

CONTENTS


Writing for the Health Professions
Karl Terryberry

Writing for the Health Professions is designed for advanced writing courses specifically for health care learners. The book includes legal issues associated with communication; documentation; and writing for research purposes, grant and proposal writing. This book teaches writing skills appropriate to the health care market. It uses the five-phase approach to instruction: The Rough Draft; Developing Precise Sentences; Using Precise Words and Developing a Professional Style; Creating Essays that Flow; and Proofreading.

FEATURES
- Designed specifically for the Allied Health learner.
- Writing specific.
- The only writing book available to include information on documentation.

CONTENTS

2005

INSTRUCTOR SUPPLEMENT*
Instructor’s Manual

*See Supplements Index beginning on page 140 for details.
This programmed learning approach to study of Fluid & Electrolytes encourages independent, self-paced learning. It reinforces through repetition and application to case studies and emphasizes the use of the nursing process for critical thinking. While including test questions to apply learning, the book can also be applied in various clinical settings, home care or outpatient facilities, and used as a good quick reference source.

NEW TO EDITION
- Material has been consolidated to reduce size and emphasize focus on routine and repetitive fluid and electrolyte disorders across the life span.
- Many non-routine case studies transferred to the Handbook.
- Still in a programmed learning format geared to self-paced learning.
- Material has been updated but not expanded.

FEATURES
- Real life case studies to apply important information.
- Across the life span examples and case studies.
- Reorganized to focus on common, reoccurring fluid and electrolyte imbalances.
- Simple tables and examples to reinforce learning and simplify review.

Handbook of Fluid, Electrolytes and Acid-Based Imbalances, 2E
Joyce LeFever Kee, RN, MS
Betty J. Paulanka, EdD, RN
Larry Purnell, Ph.D., RN

The second edition of this “Ready Reference” for fluid, electrolyte and acid-base imbalances includes a condensed review of pertinent material related to fluid, electrolyte and acid/base balances. This quick guide provides an opportunity to assess clients with fluid problems across the life span in various settings.

FEATURES
- Outline format for quick, easy access to information.
- Nursing Process review to simplify application to real life scenario.
- Small and compact for quick referral.
- Included non-routine case studies for client management.
- Clinical pathway examples.
- Charts and tables to assist in rapid assessments and easy retrieval of information.
- Comprehensive content.

Fluids and Electrolytes Electronic Learning Program Network CD-ROM
Joyce LeFever Kee, RN, MS
Betty J. Paulanka, EdD, RN

This is the perfect interactive learning system to help users learn and comprehend fundamental fluid and electrolyte concepts. This software is for students and professionals who wish to learn or review fluid and electrolytes at their own pace, when and where it is convenient for them.

2004
Single User Version:

SYSTEM REQUIREMENTS:
- Network Server-Pentium 100MHz (or faster)
- Network Operating System (NOS)
- Microsoft NT®, 4.0, or newer; Windows®2000 Server; Windows Server™ 2003, or newer or Novell® Netware® 4.0, or newer, with long file name support
- Shared CD-ROM Drive (1x2 or faster) or server disk space available for all content

Instructor’s Manual

Student Supplement*
Skills Checklist

*See Supplements Index beginning on page 140 for details.
Nurse’s Handbook of Behavioral & Mental Health Drugs 2E
Blanchard & Loeb

This handbook provides accurate, timely, and reliable facts on hundreds of drugs organized alphabetically. The drug entries include chemical and therapeutic classes, indications and dosages, and nursing considerations. The entries also give information on incompatibilities, contraindications, and adverse reactions.

FEATURES
- Gives indications and dosages, route, onset, steady state, peak, half life, and duration information on hundreds of drugs.
- Contains an additional reference section on how behavioral and mental health drugs work.
- Lists common sources of caffeine that patients should avoid when taking a psychostimulant.

768 pp, 7 9/16” x 5 1/2”, 2007

BUNDLE
Book & Psychiatric Nursing: Biological & Behavioral Concepts

Quick Reference to Psychopharmacology
Elizabeth Rankin, Ph.D., RNC, NBCCH-D, CHES

This essential reference provides information about the pharmacological agents used for the treatment and management of psychological and psychiatric disorders defined by the DSM-IV. It includes “must know” information about the various pharmacological agents all in one place. This resource includes pharmacological information such as the effects of neurotransmitters on brain functioning, pharmacokinetics, and pharmacodynamics. It identifies which agents are used to treat which aspects of the disorders, side effects, adverse responses, and goals of treatment. This comprehensive reference includes valuable information in an easy-to-use format.

- Provides easy access to information from multiple sources to facilitate application and client teaching.
- Includes information on actions of drugs for better management of care.
- Incorporates cross listing of drugs used for various disorders to make information easier to find.
- Combines drug profiles with information about goals of treatment to improve care.

CONTENTS
UNIT 1 CLINICAL FOUNDATIONS: Introductory Information. Basic Pharmacokinetics, Pharmacodynamics and Neurological Basis for Psychopharmacology. Connections between DSM-IV Classifications and Psychopharmacology. UNIT 2 Antipsychotic Drugs Used in the Treatment of Schizophrenia and Other Psychotic Disorder: Antidepressant Drugs Used in the Treatment of Various Depressive Disorders. Mood Stabilizing Drugs Used in the Treatment of Mania and Bipolar Disorders. Anxiolytic Drugs Used in the Treatment of Anxiety and Related Disorders. Drugs Used in the Treatment of Cognitive Disorders. Drugs Used in the Treatment of Eating Disorders. Drugs of Abuse and Related Pharmacological Treatment. UNIT 3 DRUGS USED TO TREAT MAJOR SIDE EFFECTS OF PSYCHOTROPIC AGENTS: Anti-seizure Drugs, Anticholinergic Drugs, Anti-Extrapyramidal and Other Motor Side Effects Drugs. UNIT 4 DRUGS USED IN TREATMENT OF MENTAL CONDITIONS OF SPECIAL POPULATIONS: Drugs Used to Treat Children and Adolescents with Mental Conditions. Drugs Used to Treat the Elderly with Mental Conditions. UNIT 5 DRUG PROFILES: Appendices A-E. Index.

500 pp, 5 1/2” x 8 1/2”, Softcover, 2000
ISBN-10: 0-7668-0631-6

Mental Health Concepts, 5E
Claire Waughfield, MSN, APRN, CS

Mental Health Concepts is a thorough text aimed at the beginning nursing or allied health student. Material is based on scientific rationale that incorporates cultural aspects and current trends for a more thorough analysis of mental health.

- Expanded opening chapter incorporates more history of mental health.
- New coverage of Freud's psychosexual stages of development and its relationship to other theories.
- Depth added to Chapter 2 on the evolution of the DSM and its revisions.

CONTENTS

448 pp, 6” x 9”, Softcover, 2-color, 2002
ISBN-10: 0-7668-3830-7

INSTRUCTOR SUPPLEMENT
Instructor's Manual
*See Supplements Index beginning on page 140 for details.

For Desk or Review Copies call 1-800-648-7450 • To place an order call 1-800-347-7707
NCLEX-PN® REVIEW TESTS

Judith C. Miller, RN, MSN

Based upon the latest test plan of the National Council of State Boards of Nursing (NCSBN), NCLEX-PN® Review Tests is an innovative electronic practice resource for practical and/or vocational learners committed to achieving success on the licensure examination. The breadth of nursing content comprises ten comprehensive mock tests totaling 1,000 questions, carefully constructed to mimic the NCLEX-PN® in style and interactivity.

FEATURES

■ Tests feature NEW alternative question types.
■ Performance summary reports chart exam results by subject area and NCLEX-PN criteria for easy self-assessment.
■ Choose “Learning” mode for questions with immediate answers and rationales or “Testing” mode for the complete NCLEX-PN® simulation.

Ten comprehensive mock tests totaling 1,000 questions.

Strict adherence to details of actual exam, with dropdown calculator, page layout, and question progression.

Join us on www.healthcare.delmar.cengage.com/Nursing
NCLEX-PN® REVIEW

Reinforcing the knowledge and critical thinking skills necessary to pass the NCLEX-PN® Examination and become a competent practical/vocational nurse professional, Delmar’s Practice Questions for NCLEX-PN® is an invaluable resource. Nearly 2,000 NCLEX-style questions encompass the core areas of the PN/VN curriculum, including Medical-Surgical Nursing; Maternity; Pediatrics; Mental Health; Pharmacology; and Gerontology, as well as Nutrition; The Client with Cancer; and the Perioperative Client. Each question is categorized by the actual Test Plan categories established by the National Council of State Boards of Nursing, offering solid preparation for the exam.

FEATURES
- FREE CD-ROM includes five comprehensive practice tests covering all nursing content areas.
- Results from CD-ROM tests delivered in graph form and broken out by National Council Test Plan categories.
- Appendix of Medical Prefixes and Suffixes to overcome terminology barriers to learning.

CONTENTS

512 pp, 2-color, 7⅞” x 9”, 2004

Delmar’s Practice Questions for NCLEX-PN®
Judith C. Miller, RN, MSN

Congratulations for discovering the best review tool in practical nursing! Delmar’s NCLEX-PN® Review is a comprehensive preparation resource for PN certification. This resource provides a thorough body system format that also addresses special populations, including specific chapters on the pediatric, mental health, and older adult clients. To assess comprehension of concepts and application of knowledge, review questions with answers and rationales are offered in every section. Based on the most recent changes to the National Council of State Boards of Nursing Test Plan, each question has been coded to the exact standard of the real examination. Each of the 2,000 total questions has been created in NCLEX-style multiple choice format, including three comprehensive examinations that were designed to simulate the actual NCLEX-PN testing process.

FEATURES
- Unique chapters on pharmacology, nutrition, and oncology.
- Accompanying CD-ROM with five unique 100-question practice tests.
- Software contains answers, rationales, and summary predictability tables that gauge performance in both subject area and exam categories.

CONTENTS
CHAPTER ONE: HOW TO PREPARE FOR NCLEX-PN®; Tips for Test Taking; Tips On How to Prepare for NCLEX-PN®. CHAPTER TWO: ESSENTIAL CONCEPTS; Management of Care; Basic Hygienic Care; Measurement of Vital Signs; Prevention of Infection; Immobility; Positioning; Care of Client Needing Restraints; Care of the Client Needing Application of Heat or Cold; Managing Pain; Care of the Client in Shock; Fluid and Electrolyte Balance; Acid Base Balance; Death. CHAPTER THREE: THE OLDER ADULT CLIENT; General Concepts; Theories of Aging. CHAPTER FOUR: THE PERIOPERATIVE CLIENT; Perioperative Period; Anesthesia; Postoperative Period. CHAPTER FIVE: ONCOLOGY; Assessment; Interventions. CHAPTER SIX: Cardiovascular System; Vascular System; Diagnostic Procedures; Cardiovascular Conditions; Peripheral Vascular Disorders; Aortic Aneurysm; Vein Disorders. CHAPTER SEVEN: HEMATOLOGIC SYSTEM; Blood Transfusions and Blood Products; Disorders. CHAPTER EIGHT: THE RESPIRATORY SYSTEM; Nursing Assessment; Therapies and Procedures Related to the Respiratory System; Respiratory Tract Conditions. CHAPTER NINE: THE NEUROSENSORY SYSTEM; Diagnostic Procedures; Nervous System Disorders; Eye Conditions; Conditions of the Ear. CHAPTER TEN: THE GASTROINTESTINAL SYSTEM; Related Procedures; Disorders of the Musculoskeletal System. CHAPTER THIRTEEN: THE ENDOCRINE SYSTEM; Endocrine Disorders. CHAPTER FOURTEEN: THE INTEGUMENTARY SYSTEM; Laboratory/Diagnostic Tests; Related Procedures; Disorders of the Musculoskeletal System. CHAPTER FIFTEEN: THE FEMALE REPRODUCTIVE SYSTEM, MATERNITY, AND NEWBORNS; Conditions of the Female Reproductive System; The Antepartal Client; The Intrapartal Client; The Postpartal Client; Normal Newborn; CHAPTER SIXTEEN: PEDIATRICS; Conditions Related to the Cardiovascular System; Respiratory and Eyes, Ears, Nose, and Throat Conditions; Pediatric Conditions Related to the Neurosensory System; Pediatric Conditions Related to the Gastrointestinal System; Pediatric Conditions Related to the Musculoskeletal System; Pediatric Conditions Related to the Endocrine System; Pediatric Conditions Related to the Integumentary System. CHAPTER SEVENTEEN: THE MENTAL HEALTH CLIENT; Psychiatric Mental Health Problems; Age-Related Disorders; Legal Aspects of Psychiatric Nursing. CHAPTER EIGHTEEN: PHARMACOLOGY; Facts About Drug Action; Pharmacologic Agents. CHAPTER NINETEEN: NUTRITION AND SPECIAL DIETS; Vitamins; Minerals; Nursing Care; Nutritional Guidelines; Special Diets. APPENDICES. PRACTICE TESTS. INDEX.

528 pp, 1-color, Softcover, 2003
ISBN-10: 0-7668-0299-X

For Desk or Review Copies call 1-800-648-7450 • To place an order call 1-800-347-7707
**NEW TO EDITION**
- Additional illustrations and diseases have been added throughout.
- "Glimpse of the Future" boxes highlight how research in the present may affect health care treatments in the future.

**FEATURES**
- Detailed full-color illustrations and photographs clearly depict body systems and diseases.
- Special boxes of content including Complementary and Alternative Therapies are designed to enhance the reader’s learning experience.

**596 pp, 8½” x 11” Softcover, 4-color, 2006**

**INSTRUCTOR SUPPLEMENT**
Electronic Classroom Manager

**STUDENT SUPPLEMENT**
Study Workbook

WebTUTOR™ Advantage on Blackboard

Student Workbook

*See Supplements Index beginning on page 140 for details.

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**Human Diseases, 2E**
Ruth Tannehill-Jones, MSc, RN
Marianne Neighbors, EdD, RN

This is an essential pathophysiology resource for allied health learners. It is designed to make difficult pathophysiology concepts easier to understand by using consistent organization, and includes pronunciations, boxed features, bibliographies and full-color illustrations and photos.

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**Essentials of Pharmacology for Health Occupations, 5E**
*Ruth Woodrow, RN, MA*

Basic and practical, this essential book provides an extensive framework of drug information in a concise format for allied health learners. Learn calculations quickly through a simplified step-by-step process. Discover key drug information by classifications, such as their purpose, side effects, cautions, and interactions, or utilize the resource to refresh your knowledge of drugs. Plug in the free accompanying CD-ROM and master pharmacology through quizzes, games, and case studies. Open this resource now and see how easy learning pharmacology can be.

- Includes expanded tables and patient education boxes.
- All illustrations have been completely revised and are now in color.
- New photographs help to explain administration techniques, equipment, and other topics.
- Complex descriptions are eliminated.
- Emphasis on side effects, contraindications, interactions, and patient education.
- Organization of pertinent facts according to classifications, rather than each individual drug.
- 640 pp, 8½” x 11”, Softcover, 4-color, 2007

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**STUDENT SUPPLEMENT**
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Student Workbook

**BUNDLE**
Book & 3-2-1 Calc! Comprehensive Dosage Calculations Online - Academic Individual Access Code for students only!

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**2009 Edition Delmar Nurse’s Drug Handbook**
George R. Spratto Ph.D., Adrienne L. Woods, MSN, ARPN, NP-C

With over 1,000 of the latest and most common FDA-approved drugs, the 2009 Edition of Delmar Nurse’s Drug Handbook continues to be an essential resource for the most important drug information. Each entry provides a wealth of facts concerning drug action, dosage, interactions, and contraindications. Clear guidelines are provided for the administration of drugs, communication with clients, and nursing considerations. Delmar Nurse’s Drug Handbook highlights prevention of medication errors and clinical accountability like no other drug resource, making it a trusted product for nursing students, practicing nurses, and other health care professionals.

- Downloads to your Personal Digital Assistant (PDA) accompany the purchase of the book along with access to the searchable Nurse’s Drug Handbook online database.
- CD-ROM included with the book gives you instant access to the most commonly prescribed drugs.
- Detailed nursing considerations for each drug, including step-by-step client teaching information.
- “Black Box” icons alert users to particularly dangerous drugs with serious and life-threatening side effects.
- “Ear” icons help to prevent medication errors by identifying drug names that sound like others drugs.
- IV icons identify drugs that can be given intravenously.

**CONTENTS**
Drug Monographs are organized alphabetically by generic name.
- 999 pp, 4½” x 7⅞”, 2-Color, Softcover

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**Nurse’s Drug Handbook 2008**
Blanchard & Loeb

The 2008 Nurses Drug Handbook specifies what the nurse needs to know before, during, and after drug administration, which provides thorough preparation and confident performance. It contains important drug facts such as: indications, contraindications, interactions, adverse reactions, and administration techniques. This text illustrates many mechanisms of action, which brings a new understanding to some of the hardest drug information to visualize. It offers important patient teaching information, which helps to fulfill a primary nursing responsibility. It also includes a comprehensive index.

- Contains accurate, reliable facts on virtually all the drugs nurses administer to patients which saves time and increases excellent care.
- Organized alphabetically by generic name, which helps the nurse to the drug fast.
- Unique mechanisms-of-action illustrations show how drugs work at the cellular, tissue, or organ levels.

**CONTENTS**
Alphabetical by generic drug name
- 2048 pp, 4½” x 7⅞”, 2-Color, Softcover

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The Nurse’s Handbook of Combination Drugs is the first combination drug handbook of its type. It allows the nurse to find all the incompatibilities; contraindications; interactions with drugs, food, and activities; and adverse reactions that come from each combination drug in the handbook. It highlights nursing considerations, including precautions, administration techniques and information, and key patient-teaching points. It provides vital information on chemical and therapeutic classes, FDA pregnancy risk category, and controlled substance schedule. This text will help reduce the risk of medication errors by giving access to accurate, reliable drug information that’s relevant to the nursing practice.

### FEATURES
- Organized by body system
- Entries are listed alphabetically by the generic name of the principal drug in the combination
- The comprehensive index lists each generic drug, no matter whether it is the primary or a secondary drug in the combination
- Gives indications and dosages, including dosage adjustments when appropriate
- Allows the nurse to stay current on the most up-to-date drug developments

### CONTENTS
- Anti-infective Agents
- Cardiovascular Agents
- Central Nervous System (CNS) Agents
- Dermatologic Agents
- Eyes, Ears, Nose, and Throat (EENT) Agents
- Endocrine Agents
- Gastrointestinal Agents
- Genitourinary Agents
- Respiratory Agents
- Miscellaneous Agents

768 pp, 8” x 5”, Softcover, 2007

Up-to-date and easy-to-use, this reference for today’s nurses gives facts on hundreds of I.V. drugs that are organized alphabetically by generic drug name. The concise drug entries are organized consistently for quick reference and familiarity, and give the vital information you need to know about each drug before, during, and after its administration. The drug entries include chemical and therapeutic classes, indications and dosages, and nursing considerations. The entries also give information on incompatibilities, contraindications, and adverse reactions. Drug entries also include dosage adjustment alerts for elderly patients, for patients with renal impairment, and for others with special needs.

### FEATURES
- Gives chemical and therapeutic classes
- Explains indications and dosages (including pediatric dosages when applicable)
- Outlines route, onset, peak, and duration information, set up as a chart
- Gives interactions with drugs, food, and activities (such as smoking and alcohol use)

2007

This handbook provides accurate, timely, and reliable facts on hundreds of drugs organized alphabetically. The drug entries include chemical and therapeutic classes, indications and dosages, and nursing considerations. The entries also give information on incompatibilities, contraindications, and adverse reactions.

### FEATURES
- Gives indications and dosages, route, onset, steady state, peak, half life, and duration information on hundreds of drugs
- Contains an additional reference section on how behavioral and mental health drugs work
- Lists common sources of caffeine that patients should avoid when taking a psychostimulant
- Provides additional reference section on how behavioral and mental health drugs work

BUNDLE
- Book & Psychiatric Nursing: Biological & Behavioral Concepts

704 pp, 8” x 5”, Softcover, 2007

This comprehensive resource presents pharmacology in an approachable and accessible format, using clear and informal language, numerous illustrations and tables, and step-by-step procedures. Drug information is presented in numerous tables for ready reference, including data on generic names, trade names, route(s) of administration, usual dosage(s), and adverse reactions. A review of common medication administration routes includes detailed procedures. Safety of care provider and client during drug therapy is emphasized at all times.

### CONTENTS
- SECTION 1: BASIC MATHEMATICS
- SECTION 2: CALCULATIONS OF DOSES AND SOLUTIONS
- SECTION 3: ADMINISTRATION OF MEDICATIONS
- SECTION 4: DRUGS AND RELATED SUBSTANCES
- SECTION 5: EFFECTS OF MEDICATIONS ON BODY SYSTEMS

544 pp, 8½” x 11”, Softcover, 2-color, 2002
ISBN-10: 0-7668-3080-2

**INSTRUCTOR SUPPLEMENT**
- Instructor’s Manual

For Desk or Review Copies call 1-800-648-7450 • To place an order call 1-800-347-7707
Dosage Calculations: A Ratio-Proportion Approach, 2E
Gloria D. Pickar, RN, EdD

Dosage Calculations: A Ratio-Proportion Approach, 2E builds upon core strengths that made Dosage Calculations a market leader. This trusted book includes a comprehensive math review, full-color drug labels, and critical thinking assessments. Basic and advanced calculations are thoroughly covered, including intravenous and those specific to the pediatric patient.

NEW TO EDITION:
- New chapter 9: Preventing Medication Errors highlights the newest regulations on medication abbreviations, new medication administration technologies, and safe medication practices.
- New chapter on Alternative Dosage Calculation methods makes this text a comprehensive resource for dosages calculations content.
- All new student practice software provides over 1,000 additional practice questions, as well as tutorials and animations to aid in comprehension of difficult concepts.

FEATURES:
- Real drug labels and life-size syringes bring the content to life and simulate a clinical environment for the user
- The original three-step method, (1) Convert, (2) Think, (3) Calculate, trains the user to approach calculations logically, increasing confidence and reducing medication errors
- Critical Thinking Skills are developed through real-world clinical scenarios that demonstrate the importance of safe medication administration
- Hundreds of examples, practice problems, review sets and self-tests ensure complete mastery of dosage calculations

CONTENTS

576 pp., 1-color, Softcover, 2007
ISBN-10: 1-4180-1563-6

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www.delmar.cengage.com/companions

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WEBTUTOR™ Toolbox on WebCT
ISBN-10: 1-4180-6660-4

WEBTUTOR™ Advantage on Blackboard ISBN-10: 1-4283-1098-8
Online Companion
www.delmar.cengage.com/companions

WEBTUTOR™ Advantage on WebCT

Follow the leader. Math for Meds has helped nearly one million nurses and other health care professionals become safe practitioners of dosage calculations. This classic textbook appeals to learners at all levels with its ratio-proportion method and step-by-step approach. Beginning with a basic math overview and progressing through dosage calculations from simple to more complex exercises, Math for Meds allows for self-paced study. Each concept is explained and illustrated with multiple examples using actual drug labels, life-sized syringes, and practice sets. Summary self-tests are included at the end of each chapter to reinforce mastery.

NEW TO EDITION:
- New Chapter on alternative dosage calculation methods covers calculating dosages using the formula method and dimensional analysis
- A new CD-ROM in the back of the book includes tutorial segments, exercises and practice test questions.
- New drug labels added throughout reflect current drugs and protocols
- Expanded information on IV equipment and calculations
- New student practice CD-ROM provides over 1,000 additional practice questions, tutorials and animations to aid in the mastery of dosage calculations
The second edition of Math & Meds for Nurses was designed to enhance the individual's understanding of basic mathematical skills as they apply to the accurate calculation of dosages of drugs and solutions.

The book contains more than 1000 questions on basic mathematics and more than 500 questions on computation of dosage. Included are several different types of tests that allow the individual to evaluate his or her progress as new concepts are learned. Answers are provided for each test.

Content is presented in a simple free-flowing language which highlights important learning principles and essential steps in calculating dosage. Full-color photographs of labels and illustrations showing a syringe with the correct dosage allow for visual verification of dosage calculations. A working 3 ml "practice" syringe is another tool included to allow the individual to verify dosage calculations.

- Working model reusable practice 3 ml syringe.
- CD-ROM for individual self-paced learning.
- Post-test in calculation of drugs and solutions.
- Hundreds of full-color photographs of drug labels, equipment, syringes.
- Illustrations of syringes showing visual verification of computations.

Add a dimension to your knowledge. With Curren, Dimensional Analysis for Meds, Third Edition, you will find out just how easy it can be to calculate dosages.

**NEW TO EDITION**
- Updated full-color labels of common drugs.
- Refresh math section for individualized assessment.
- FREE CD-ROM with visual representations of calculation and audio to explain the process.

**CONTENTS**


320 pp, 8½ x 11”, 4-color, Softcover, 2006

**INSTRUCTOR SUPPLEMENT**

- Electronic Classroom Manager
- *See Supplements Index beginning on page 140 for details.

**BUNDLE**

- Book & 3-2-1 Calc! Comprehensive Dosage Calculations Online - Academic Individual Access Code for students only!

- Book & 3-2-1 Calc! Comprehensive Dosage Calculations Online - Academic Individual Access Code for students only!

- Book & 3-2-1 Calc! Comprehensive Dosage Calculations Online - Academic Individual Access Code for students only!

The original is now a classic. Clinical Calculations was the first text to tackle dosage calculations utilizing the dimensional analysis method, an approach which is rapidly becoming the method of choice for nurses. The fifth edition of this trailblazer showcases its proven strengths, such as a clear writing style, workbook-style format, strong IV therapy content, and practical applicability.

**NEW TO EDITION**
- FREE CD-ROM with 250 additional questions and interactive syringes.
- 10 detailed “Performance Criteria” checklists to assess clinical skills and priorities, perforated for convenient submission.

**FEATURES**

- Fill-in, matching, and short-answer questions test both calculation knowledge and practical skills.

**CONTENTS**


352 pp, 8½ x 11”, 4-color, Softcover, 1-Color, 2006

**INSTRUCTOR SUPPLEMENT**

- Instructor’s Manual
  *See Supplements Index beginning on page 140 for details.

**BUNDLE**

- Book & 3-2-1 Calc! Comprehensive Dosage Calculations Online - Academic Individual Access Code for students only!

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- Book & 3-2-1 Calc! Comprehensive Dosage Calculations Online - Academic Individual Access Code for students only!

Learning dosage calculations from start to finish has never been more convenient! Based on Delmar’s best-selling books in all three methods of dosage calculation, 3-2-1 Calc! makes the complex understandable and allows the user to choose the method that works for them. Beginning with a diagnostic math pretest and ending with two comprehensive posttests, 11 modules thoroughly cover both basic and advanced calculations. Realistic drug labels, syringes, and equipment complement the range of calculation competencies.

- User chooses what method of dosage calc to view solutions in, and can view other methods at any time.
- Uses content from revisions of Dosage Calculations, Math for Meds, and Dimensional Analysis, each market leader in their respective method.
- Contains over 1500 questions.
- Full glossary with audio includes dosage calc terms, pharmacology terms, and the 100 most prescribed drugs in 2004.

Academic Institutional Access Code for 1-Year
ISBN-10: 1-4180-6671-0

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For 2-Year Access, use:

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Online Companion
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See page 8 for details
Transitions from LPN/VN to RN: Moving Ahead in Your Career

Gene Duncan, MS, Ed., MSN, RN
Transitions from LPN/VN to RN: Moving Ahead in Your Career provides coverage of all key roles—client care, management, delegation, and leadership of the RN. This brand new resource clearly explains how the RN’s roles differ from the LPN/VN’s, provides appropriate theoretical knowledge and fully explains the relationship of theory to practice.

CONTENTS

Professional Practical/Vocational Nursing
Lois Harrion, MS, RN
This book covers nursing leadership, career management, legal and ethical issues, and other subjects to help LPN/LVN students transition to nursing professionals.

CONTENTS

Instructor's Manual
ISBN-10: 0-7668-2275-3

Healing the Dying, 2E
Melody Olson, Ph.D., RN
Healing the Dying discusses the issues healthcare professionals need to consider when caring for someone who is approaching death. This practical yet compassionate guide focuses on the relationship between death and society throughout history, how to comfort the dying individual and how to help families deal with the loss of a loved one. Complete coverage of the physiology of death helps prepare caregivers for symptoms experienced by the dying. A chapter on care of the caregiver addresses the emotional stress that can result from caring for the dying and ways to cope with this stress. Comprehensive in its scope, Healing the Dying integrates cultural and spiritual considerations into its framework and is based on current standards of care.

CONTENTS

Career Success in Nursing
Lois White, RN, Ph.D.
Developed specifically for those nurses who are thinking about getting their first job or changing jobs in nursing. Provides many résumé writing tips, sample résumés, interviewing strategies, and work transition readings.

CONTENTS

Healing Nutrition, 2E
Lynn Keegan, Ph.D., RN
Healing Nutrition provides practical information about how our dietary choices can optimize health. Discusses nutrition throughout the lifespan and the best food for each age group. Contains current information, both pro and con, on living foods such as sprouted seeds, yogurt and salads, and features an informational section on the benefits and possible hazards of vegetarian diets. Completely updated weight control section includes an analysis of fad diets and their effect on health.

CONTENTS

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Healing Touch: A Guide Book for Practitioners, 2E
Dorothea Hover-Kramer, Ed.D, RN

Healing Touch examines the essentials of energy healing in a clear, concise manner. Contains relevant theoretical and research information and covers general course curriculum, the credentialing process and practical step-by-step guides to basic techniques. User-friendly with case studies and references to reinforce material. Includes a glossary, links to outside resources and sample client consent and intake forms.

- New chapter on theory of energy healing cites recent discoveries.
- Contains practical guidelines for those interested in healing arts training.
- The author and contributors are the founders of the Healing Touch modality.
- Includes detailed information on the Healing Touch Certification program and Healing Touch International.
- Offers suggestions on how to apply Healing Touch across various health care settings and within the traditional medical model.
- Emphasizes the importance of documentation, both for client safety and practitioner protection.

CONTENTS


Spirituality: Living Our Connectedness
Margaret Burkhardt, Ph.D., RN, C Mary Nagai-Jacobson

Spirituality: Living Our Connectedness is designed to assist participating nurses and students in developing confidence and competence in integrating spirituality into their practice. Users are encouraged to address and nurture their own spirituality and recognize spirituality in everyday life as a means of effectively assessing the spiritual concerns of their patients. This insightful text discusses methods of heightening spirituality such as prayer, meditation and mindfulness; bodywork, touch and movement; rest and leisure; music and ritual; and play and creativity, that can be applied both personally and professionally.

- Anecdotes, exercises, outside resources, and approaches for integrating spirituality into practice included in every chapter.
- Discusses spirituality as a broad concept that transcends religious boundaries.
- Addresses the need for cultural sensitivity and the ways differing belief systems can be reconciled toward the primary goal: the patient's well-being.
- Assists users in being comfortable and competent in integrating spirituality into medical practice.

CONTENTS


Healing with Complementary & Alternative Therapies
Lynn Keegan, Ph.D., RN

This complete book presents healing techniques in complementary and alternative medicine as a way to promote optimal health care. It discusses the concept and origination of healing, as well as introduces the reader to healers and techniques they use in the health care industry. It shows how healing fits in with our contemporary health care industry, and suggests the best place, time and condition for seeking alternative and complementary care. Documented, scientific research supports the effectiveness of healing techniques.

- Illustrated concepts with anecdotal, real-life healing stories.
- Includes up-to-date, scientific research that supports effectiveness and healing techniques.
- Offers steps to implement healing techniques in a clinical context.

CONTENTS


Healing Massage: A Simple Approach
Marsha Jelonek Walker, RN, Ph.D. (c), HNC, RMT Jonathon D. Walker, Med, RMT

Healing Massage presents therapeutic massage techniques that may be valuable both in a clinical and home care setting for nurses and patients. Included are practical steps and tips for nurses and massage therapists to perform a healing massage, and in-depth content on integrating even a five minute massage into practice.

- Step-by-step instructions teach busy nurses and care givers how to effectively massage clients within a limited amount of time.
- Techniques focus on body parts, such as the hands, the neck, and the back, that nurses can massage within a 3-5 minute time frame, rather than presenting a full body massage.
- Detailed photographs and illustrations show close-ups of massage techniques.
- Exercises at the end of each chapter guide nurses to apply newly learned concepts to practice.
- Examines the power of touch as a healing tool that connects care givers with their clients.
- Places healing massage in context of health and well-being.

CONTENTS

This innovative book addresses the issue of integrating the art of caring with the science of biomedical knowledge in the practice of nursing. This stimulating book looks at the ways that nurses have demonstrated care through recorded histories, Nightingale, and how caring modalities, now referred to as “Complementary Therapies”, have been used. With this reflection on the past we can learn to develop new techniques to integrate complementary therapies into present day nursing practice that has become highly technical.

- The five caring modalities: Touch, Environment, Nutrition, Communication, and Energy have been identified and are covered exclusively for the development of the healing relationship and the enhancement of nursing care.
- With an emphasis on reestablishing a connection to history the reader gains a better understanding how to link “the tradition of complementary therapies into their daily practice.”
- Creative techniques that will energize any nursing practice are included.

**CONTENTS**

**INTEGRATIVE NURSING:** Nursing in a Biomedical World. Integrative Nursing: Illusory, Idealistic, or Imperative? DEMONSTRATING CARE, Where Theories End and the Actions Begin. How Nurses Demonstrate Caring: Past and Present. Envisioning the Future of Caring. Caring Modalities: TOUCH, Environment, Nutrition, Communication, and Energy have been identified and are covered exclusively for the development of the healing relationship and the enhancement of nursing care. With an emphasis on reestablishing a connection to history the reader gains a better understanding how to link “the tradition of complementary therapies into their daily practice.” Creative techniques that will energize any nursing practice are included.

**Taking Charge of the Change:** The Self-Care Guide for the Mid-Life Woman

Lennie Martin, RN, FNP, DPH

Pam Jung, BA

This book presents a holistic approach to women’s midlife and menopause transitions. It provides a balanced approach giving the expected benefits and side effects of western medical and complementary therapies for the entire range of menopausal concerns. Special focus is placed on art that represents expansive, powerful, and symbolic aspects of women’s beings, including a wide array of goddess and mythic images. The path of women’s spiritual unfolding is described, with its unique features as they connect with the feminine divine. Women are given guidance in drawing from the energies of archetypes to bring deeper aspects of the self into expression.

- All inclusive, bodymind-soul/spirit in one book.
- Blends western and complementary medicine into a holistic approach — empowered with information on scientific and natural or alternative therapies, women can partner better with their health care practitioners.
- Matrix of natural & medical therapies — reader can look up a condition or symptom and find major therapies from western and complementary/integrative medicine in one place.
- Extensive references — all areas are referenced with pertinent books, the latest studies and research, so women can go into a deeper study of each topic.
- Resources for further assistance — information given on how to contact other resources, including newsletters, websites, and organizations.

**Delmar’s Integrative Herb Guide for Nurses**

Martha Libster, Ph.D.-C, RN

Delmar’s Integrative Herb Guide for Nurses examines the use of plants and herbal remedies in health care from the perspective of the practicing nurse. The history of plant-based medicine, different world views regarding the practice, and safety and control issues involved, as well as basic plant nomenclature and botanical concepts, are discussed in clear easy to understand language. Includes profiles of over 50 plants, detailed descriptions of various herbal remedies and applications, and guidelines for talking with patients about using plant therapies.

- Herb profiles facilitate the utilization of herbs in daily care for the practicing nurse.
- Studies included in the text are carefully selected for their relevance to nursing practice and research.
- Written by a nurse who has worked many years as an herb practitioner and educator in addition to her years of providing nursing services.

**CONTENTS**

Chapter 1: Entering the World of Healing Plants
Chapter 2: A History of Healing
Chapter 3: Plants and Paradigms
Chapter 4: Carefulness and Conservation
Chapter 5: Nursing care and plants: Back to the Roots
Chapter 6: Plant Profiles
Chapter 7: Comfort and Pain Relief
Chapter 8: Hormone balance
Chapter 9: Immune Response
Chapter 10: Skin Care
Chapter 11: Sleep and Rest
Chapter 12: Elimination
Chapter 13: Digestion
Chapter 14: Energy
Chapter 15: Emotions and Adaptation
Chapter 16: Mobility
Chapter 17: Lifestyle Choices
Chapter 18: Restoration
Chapter 19: Learning More
Chapter 20: Conclusion: Growing the Garden

Appendix A: Glossary of Terms
1088 pp, 5½” x 8½”, Softcover, 2-color, 2002
ISBN-10: 0-7668-2710-0

CD-ROM
ISBN-10: 0-7668-2711-9

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